From the Executive Director’s Desk

Welcome to winter! While the snow is beautiful to watch from the comfort of inside, we all know major storms can be treacherous. During major snowstorms we’ll keep you updated on our website and Facebook page about power outages, and safety, etc. Rest assured; we have a back-up generator and staff who will stay 24 hours a day in case of emergencies. Additionally, please send your email address to info@andrusonhudson.org so we can reach out to you.

On January 21st James Rosenman joined our staff as our first Chief Executive Officer. James has served in various senior management positions within senior living, including skilled nursing facilities throughout the East Coast. With depth in strategic planning and development experience, including concept creation, evaluation and project management for seniors’ housing developments, James is well situated to lead Andrus on Hudson into our next exciting chapter of providing an elevated range of services to the local community. I will remain in my role as Executive Director, and current leadership of our skilled nursing services will remain the same. Please join me in welcoming James!

I’d like to wish you all a happy, healthy new year!

Warm Regards,
Betsy Biddle
Executive Director

HOLIDAYS AT ANDRUS ON HUDSON WERE A HIT!
Thank you residents, staff, families and the community for your generosity!
News from the Community Life Department

Matt and Ashley have continued to co-lead groups with residents from the 4th and 2nd floors in the 3rd floor dining room to include Thanksgiving pumpkin pie making, baking and eating. They also enjoyed teaming up to decorate the Annual Holiday Christmas tree in preparation for the tree lighting ceremony which was held December 5th in the Lounge with a sing-a-long lead by Music Therapist Liza Wu.

Robotic Pet Adoptions have begun on all floors!

Thanks to generous private donors gifting robotic pets to the residents, the Community Life team has begun “adoption ceremonies”. Enough robotic pets have been collected that should a resident wish to “adopt” a cat or a dog which is interactive and provides a resident immediate responses with meows and barks and purrs and snuggles. Please contact the Community Life Department to recommend a resident who is ready and able to adopt a furry friend for his or her own.

For more information please speak with Leslie Hoot, Director of Community Life and Volunteers or a member of the Community Life team:
Floor 2 - Matthew
Floor 3 - Liza
Floor 4 - Ashley
Floor 5 - Maria
We want to wish Maverick and Judi Knispel all the best...

Maverick is moving on! His last day here will be February 1st and he will miss many people. He so enjoyed all the love, petting and attention he got at Andrus on Hudson, especially from our seniors! Maverick’s friend, Bailey, is still here to give you your “dog fix.” Also go to our auditorium on Tuesday evenings between 6:00 and 8:15 where you can watch Guiding Eyes for the Blind train puppies and pet some of the little fur balls!

Judi Knispel will be moving on along with Maverick and will also miss many people. During the past six years she produced many community events here including our Annual Spring Fest, helped get Little Leaf Nursery School and our intergenerational programs started and did fundraising to benefit our seniors. Thank you to Judi and Maverick for all of your hard work and love for Andrus on Hudson.

Intergenerational Programs

We had a Grand time in 2018! The students of Hudson Lab School and the children of Little Leaf Nature Preschool had so many wonderful moments with their Grandfriends. Here are just a few highlights.

We took some Grands bowling!

One Grandfriend came to the Hudson Lab classroom to teach the students about Veteran’s Day. He also taught them how to march and to salute.

Little Leaf students LOVE the intergenerational library!
HLS students interviewed the Grands many times over the past few months. They asked them about memorable events in their lives, about elections they voted in, military service, what they are thankful for and what holidays they celebrate. They also sought and received sound advice from the Grands about how to welcome a new student midyear.

As we dive in to 2019, we look forward to more learning and teaching and enjoying time with our Grandfriends. Visit this link for an article that features our program in the Stanford University School of Medicine blog! https://scopeblog.stanford.edu/2019/01/02/how-we-all-can-benefit-from-the-oldest-and-wisest/

One Grandfriend came down to the classroom to do collage with the children of Little Leaf.

The HLS Lower Elementary taught some Grands how to play the Dreidel game!

Tappan Zee Bridge demolition viewing in our solarium.
Hudson Lab School students interviewing Andrus staff about their jobs.
Special Events

Monthly Men’s Club with Matthew and Scott
Thursday, Feb. 7th and Thursday Feb. 21st

Magic Show with Barbara Magic of Dobbs Ferry
Tuesday, January 22nd

Happy Chinese New Year with Jia-Yi He
Tuesday February 5th

Valentine’s Day Dance Party with James Ramsey
Thursday February 14th

Cooking Demonstration with Chef Dan
Tuesday January 29th
Wednesday February 27th

February 2019 Intergenerational Programming with Joanne Corrigan
Mondays Hudson Lab Roving Reporters and Intergenerational Crafts Cart
Tuesdays Little Leaves drop-in room visits
Wednesdays Games of the Go with Hudson Lab and Intergenerational Library
Thursdays Sing a Long in Lounge with Little Leaf and Jenny Murphy Bingo in Longue Vue Café and Bingo on floor 3
Fridays Little Leaves drop in on short term and 5th floor

Please see Monthly Community Life Activity Calendar for location and time

Since 1953 Andrus on Hudson, a 501(c)3 organization, has been committed to the care of seniors. We have received a 5-Star Rating from the Centers for Medicare & Medicaid Services. We operate a 197 bed Skilled Nursing Care facility on 24 acres overlooking the Hudson River. The services that we provide are: Rehabilitation & Post-Acute Care, Long Term Care, Memory Care, Hospice/Palliative Care & Respite Care. Each of our residents has a private room and we offer intergenerational programs between seniors and children ages 1 through 19.