



Westchester's Only Medicare & Medicaid Certified Skilled Nursing and Short-Term Rehabilitation Resource Offering ***"All Private Rooms"***



REHABILITATION



LONG-TERM CARE



MEMORY CARE

Rehabilitation & Post-Acute Care

We proudly offer both **short-term and long-term rehabilitation** through Health PRO Rehabilitation, located at the Andrus facility. Their expert therapy staff is trained in the latest advances in rehabilitative medicine in order to support the full breadth of care needs. Whether you're recovering from surgery or require long term care, we will customize a therapy plan to help you reach your goals.

Skilled physical, occupational and speech therapists foster independence by motivating and assisting residents in recovering as quickly and completely as possible from occurrences such as joint replacement surgery, fractures, stroke and illness. Whether a short-term or long-term resident, you'll enjoy the comfort of your own **private room and restaurant-style meals** in the dining room.

Registered nurses and other **health professionals are on duty around the clock** to provide support and care.



Long Term Care

We provide an array of specialized long term services aimed at the needs of our residents. We offer **physician & nurse practitioner services** seven days per week through an in-house physician covering service. Our physicians are expert in the needs of our Long Term Care residents and collaborate with the interdisciplinary team.

Care Team Meetings

Every family is invited to meet regularly with our team of highly trained professionals to review and participate in the resident's treatment and plan of care. The interdisciplinary team consists of a physician, psychiatrist/psychologist, nurses, certified nursing assistants, social workers, therapists, recreation leaders, and dietitians. Members of this team are specialty trained and dedicated to the care of the long term population.

Hospice/Palliative Care Program

We offer end-of-life care by coordinating with Hospice and Palliative Care agencies for residents in need of comfort care. Our program focuses on managing pain, while providing emotional, social, and psychological support to the resident and family members.

Elopement Prevention Program

We have a system that allows for mobility within the building ensuring the safety of our residents.



Memory Care

We have a Memory Care unit that allows residents an enhanced quality of life that specifically caters to patients with **Alzheimer's Disease, Dementia,** and other types of **memory problems.**

Our dementia program is structured to provide a **unique, nurturing environment** for the residents that we serve. Through an enhanced community life program, thoughtful physical design, and specialty trained staff, the dementia residents are afforded opportunities to **maintain their highest possible level of physical, social, and psychosocial functioning.**



SPECIALTIES

- ▶ Alzheimer's/Dementia Care
- ▶ BiPAP/CPAP
- ▶ CHF Management
- ▶ Diabetic Management
- ▶ Hospice/Palliative Care
- ▶ IV Antibiotic Therapy/Hydration
- ▶ Jackson Pratt Drains
- ▶ On-Site Dental, Dermatology, Ophthalmology, Podiatry, Psychiatry, & Psychological Services
- ▶ Ostomy Care
- ▶ Pain Management
- ▶ Peg Tubes
- ▶ PICC Line Management
- ▶ Pleural – Vac – System Management
- ▶ Post Orthopedic Surgical Care
- ▶ Respite Care
- ▶ Restorative Nursing
- ▶ Wound Management/WoundVAC



Andrus on Hudson is a verdant place of repose, with beautiful gardens and walking trails. The facility provides many opportunities for residents to relax and enjoy the splendor of the surrounding property with unmatched views of the Hudson. We offer an inviting home-like community with features and amenities specifically designed for senior adults.

Features & Amenities

- ▶ 197 PRIVATE ROOMS - nestled on 26 beautiful acres overlooking the scenic Hudson River
- ▶ 24/7 visiting hours
- ▶ 250 seat Auditorium & Theatre
- ▶ Cable Ready for Long Term Care
- ▶ Card Room
- ▶ Community Life Program – 7 days a week – including Art, Music, & Pet Therapy
- ▶ Free Phone & Cable TV for Rehab
- ▶ Gardening Beds
- ▶ Gift/Sundry Shop
- ▶ Intergenerational Programs
- ▶ Library & Computer Center
- ▶ Panoramic Penthouse solarium
- ▶ Rehabilitation Services Center – Physical, Occupational, and Speech therapies offered 7 days a week
- ▶ Religious Services
- ▶ Restaurant Style Dining Area
- ▶ Wi-Fi throughout building



Five-Star Quality Rated
by Centers for Medicare and Medicaid Services



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