From the Chief Executive Officer’s Desk

After almost 2 months on the job, I learn something new every day about Andrus on Hudson. However on day one, it was very very clear to me - the people who work at or on behalf of Andrus on Hudson such as our Board of Directors, staff, and volunteers - are exceptional, compassionate and dedicated to providing the very best care to all we serve.

Andrus on Hudson has many strengths and there are also many areas of opportunity to enhance the delivery of care and services we provide every day such as updating physical spaces within our building and on our campus. We are in the planning stages of determining the best ways to modernize these areas and to improve infrastructure on our campus to solve issues such as parking capacity- more information and updates will be coming in the months ahead- stay tuned!

Thank you for your warm welcome and your continued support of Andrus on Hudson.

Best Regards,
James Rosenman
Chief Executive Officer

Guest Wi-Fi Security Improvements were recently made. Moving forward please do the following to access Wireless Internet (Wi-Fi) at Andrus on Hudson:

1. Select the network labeled Andrus Guests.
2. Wait for a screen to appear with the Terms and Conditions to use the Wi-Fi.
3. After reading press Accept at the bottom of the page.
4. You will then be connected to the Wi-Fi.

*If you find that the Wi-Fi disconnects you too often or does not work for your device, please notify Concierge who will then notify our IT staff to set you up manually.
First Annual Therapeutic Recreation Olympics Held at Andrus to Honor Community Life Staff

During the 2nd week in March, the Community Life Department hosted a Therapeutic Recreation Olympics on all floors during which various competitive games were played to include participation by staff and residents. Olympic games included "keep the balloon up", "bean bag toss" and the "Therapeutic Recreation" word game. St. Thomas Aquinas Therapeutic Recreation student intern Ashley McGovern served as an "impartial judge" of the score keeping and while all four floors achieved over 1000 points the second floor inched its way to being the winner of the First Annual 2019 Olympics. Residents and staff helped create the “red solo cup” trophy which was presented to the 2nd floor at our closing ceremony at which time the residents and staff received a power point slide presentation on the “benefits of Therapeutic Recreation” by Community Life Director Leslie Hoot, Certified Therapeutic Recreation Specialist. Family members, staff and residents are encouraged to pay a visit to the second floor rotunda to see the TR Olympics trophy which is proudly displayed.

This will be an annual event and we look forward to seeing which floor wins the right to hold the trophy in 2020. Thank you to the following Recreation and Music Therapists of Community Life for their hard work to achieve excitement for the staff and seniors: Matthew Garbarino, Recreation Therapist for the 2nd floor. Liza Wu, Music Therapist for the 3rd Floor, Ashley Scala, Recreation Therapist for the 4th floor, Maria Herrera, Recreation Therapist for the 5th floor, Rachel Biancardi, Recreation Therapist for Short Term Rehabilitation 4th Floor. The true purpose of this friendly competition is to honor the dedication of team Community Life who bring spirit to the residents and staff and families of Andrus on Hudson each and every day. Thank you team!
Themed Happy Hours from Dining Services

Thank you Director of Dining Services Daniel Serafini and your amazing team for “themed happy hours” for Andrus on Hudson residents. This past month we enjoyed Daniel’s version of the Old Fashioned which is made by muddling sugar water with bitters and a shot of brandy with Dan’s secret ingredients to taste. We are looking forward to continued themes.

March was National Social Work Month

Thank you to Stacey Kleinberg, Director of Social Services and her hard working team of Social Workers including Kristin Pisa, Jennifer Nunez-Caicedo, and Social Work Interns Scott Diaz and Nicole Gomez. The Social Services Department organized a weekly lecture series for residents and staff alike every Friday in the month of March to include a lecture on advance directives and cost saving benefits for seniors in Westchester County. The resident and staff enjoyed celebrating the hard working Social Services Department with cake and gratitude.
Robotic Pet Adoptions are a Success

Beginning in January 2019, Community Life began an Adoption Program by gifting robotic cats and dogs throughout the residence thanks to the generous donations of Andrus on Hudson private donors and family members. To date, our team has adopted 8 robotic dogs and 11 robotic cats to 19 residents who demonstrated interest and or the need to adopt a pet during the therapeutic recreation assessment process. An example of need would be a resident who demonstrated calmer demeanor when holding his or her pet.

Robotic pets respond to verbal and non-verbal cues such as voices and touch showing a resident they can receive love from their pet with a word or a touch. Residents enjoy selecting names and receiving adoption certificates during the pet adoptions ceremony performed in the rotunda of his/her floor by the Recreation Therapist.

If you are interested in donating a robotic cat or dog to Andrus on Hudson residents please contact Leslie Hoot, Director of Community Life and Volunteers.

Pocketbook Bingo Hastings PBA

On Friday, April 12th the residents enjoyed participating in the First Annual Hastings-on-Hudson Police Benevolent Association’s fund raiser “Pocketbook Bingo” with over 130 members of the community in attendance. Residents stayed up until 10 p.m. playing bingo and receiving gift bags and one resident enjoyed winning the door prize of a Kate Spade Wallet.

$5,030 was raised! This will allow the PBA to hold lots of events (senior bingo, breakfast with Santa), sponsor local teams, give scholarships to High School Seniors etc...
Robotic Pet Adoptions have begun on all floors!

The residents of Andrus on Hudson have been part of many intergenerational highlights over the past few months.

The students of Hudson Lab School shared their most recent classwork. While studying the benefits of connecting with nature, they found a variety of ways to bring nature indoors for their Grandfriends to enjoy. From sharing memories about time spent in nature, to observing and handling feathers, stones and branches, to exploring the 26 acres of Andrus on Hudson through virtual reality, many residents enjoyed re-engaging with nature.

Intergenerational Programs

The children of Little Leaf Nursery School have been exploring more of the building — welcoming new residents, celebrating Grands’ birthdays and sharing the Dining Room for lunch.
One very special morning last month, all the students from both schools joined a group of Grands for our First Annual Intergenerational Pancake Party! Andrus made over 200 pancakes and the schools provided the maple syrup. Every delicious drop was made from the maple water collected from Andrus on Hudson’s own maple trees! The children learned to identify, tap and collect the maple water and the teachers boiled the 50 gallons into syrup for all to enjoy!
Special Events

Wednesday, April 24th
Meet & Greet with Westchester County Executive George Latimer 2:30 p.m. Auditorium
Happy Birthdays with John Vilasi 3:30 p.m. Auditorium

Thursday, April 25th and Friday April 26th
Greater Westchester Youth Orchestra 6 p.m. (middle school students) and 4 p.m. (elementary students)

Sunday, April 28th
Annual Springfest 12:30 pm – 4:30 pm – Outdoors

Tuesday, April 30th
Casino Day 2 p.m. Auditorium

Saturday, May 11th
Hastings PBA Senior Bingo and Lunch – 12:30 p.m. – Auditorium

Monday, May 13th to Friday May 17th
Nursing Home Week – Activities to be posted

Monday, May 27th
Memorial Day Indoor Barbecue – 12 noon Main Dining Room

Saturday, June 8th
Amanda Kupillas Student Dance Recital – Auditorium – time to be posted

Since 1953 Andrus on Hudson, a 501(c)3 organization, has been committed to the care of seniors. We operate a 197 bed Skilled Nursing Care facility on 24 acres overlooking the Hudson River. The services that we provide are: Rehabilitation & Post-Acute Care, Long Term Care, Memory Care, Hospice/Palliative Care & Respite Care. Each of our residents has a private room and we offer intergenerational programs between seniors and children.